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# World Environment Day >

## Spark with Prakruthi - A green initiative

By J. Hari Shankar

Prakruthi, a 44-year-old renowned environmental awareness institution, launched a significant campaign with SPARK, a popular civic organisation, on June 8, followed by an interactive coastal awareness on June 9 at Injambakkam Beach.

The campaign was aimed at finding solutions for safeguarding the coastal system that affects both ECR and OMR. The launch coincided with World Oceans Day on June 8 and World Environment Day on June 5.

The symposium had a brainstorming session with Dr Deepak Samuel - Scientist from the National Centre for Sustainable Coastal Management, Dr Shekar Raghavan - Director of Rain Centre, Prof. Anuradha Menon of MEASI, and was chaired by Dr T.D.Babu, Founder of SPARK and Knowledge Proliferator of Prakruthi.

The resultant campaign from the two-day event was launched by Kamakshi Subramaniyan, the nonagenarian Co-founder of SPARK, and octogenarian Dr. Giri Rengaswamy - Dean (CSR) of Aarupadai Veedu Institute of Technology (AVIT), Paiyanur.

Concerns that echoed throughout the two days were the detrimental impact of skyscrapers on the coast and water bodies, vulnerabilities of Blue Flag Beaches and the perilous state of aquifers and groundwater levels, making it more important to consider existing natural habitats in town planning. "The inherent risks posed by high-rise developments in flood-prone areas such as the ECR and OMR underscore the urgent need for rainwater harvesting to mitigate these challenges," said Dr Shekar Raghavan, who further stressed, "Urbanisation, characterised by the proliferation of concrete structures, is a key factor in the strangulation of aquifers and the creation of artificial drought conditions as there is no space for the water to flow through from the surface."



Continuing the dialogue on June 9, T.D. Babu and A. Srinivas of Prakruthi, orchestrated an interactive session with nature, 'Time to Ponder', at Injambakkam beach. Students of AVIT, professors from AM Jain College and residents from Besant Nagar to Akkarai participated. Together, they explored the current conditions of the coastal environment, and tried to understand the different types of beach creepers that contain medicinal properties and serve as indicators of coastal health.

"The proliferation of sand dunes, shifts in soil texture due to concrete encroachment, and sewage management issues are critical factors threatening coastal ecosystems and marine life," warned Babu during his passionate discourse. Babu cautioned against ill-conceived governmental beach transformation projects like the construction of cycle tracks or pavement on the shore for the urbanisation of beaches. He cited their detrimental impact on coastal ecosystems and marine life, like turtles. "The turtles and the hatchlings confuse the arti-

ficial light with the moon and get lost. Instead of returning to the sea, they come landwards attracted by the light. Being out on land for long can cause severe dehydration in the reptiles and harm them," explained Babu.

The program's main motto was 'Sensitise, Rationalise, Actualise', capturing the need for informed decisions and forming good attitude. "We must leverage our influence in requesting policymakers in the quest for environmental stewardship. Together, we can make a difference in safeguarding our coastal regions for future generations," urged Sona Prakash - Community Social Responsibility Influencer.

As the curtains were drawn on this remarkable initiative, a sense of optimism prevailed, buoyed by the collective commitment to a brighter environmental future. In the heart of Prakruthi's resolute endeavour lies the promise of a greener tomorrow, inspiring hope and action among all who share in the vision of coastal preservation.

## WIA women rock on World Environment Day

Women's Indian Association is a 107-year-old federation headed by social activist Padma Venkataraman. Several women's associations across Tamilnadu are also allied with it.

The institute grandly celebrated World Environment Day with week-long programmes, which in-

cluded talks and seminars on various environmental topics, signature campaign to urge the government to ban plastic production, distribution of cloth bags, essay competition, setting up of a flower garden at their premise, walkathon and human chain and a waste collection drive. Nearly 360 kgs of e-waste,



plastic, paper and clothes were collected at the drive conducted in association with ROKA (Residents of Kasturba Nagar Association).

On the concluding day (June 8), nearly 104 women participated in the event, where four women who were committed to

keeping the land clean and green, were honoured. Dr.Muthukumar - Programme Officer (Department of Environment and Climate Change), was the chief guest. He insisted all to grow plants to improve biodiversity and reduce temperatures. President Padma

Venkataraman honoured the green warriors of Chennai and also insisted that everyone focus on the micro change that everyone can bring in to save the Earth - from saying no to plastics and aiming for zero landfills. WIA can be contacted at 91769 28485, 94442 51013.

▼ Celebrating World Environment Week, Rotary International District 3232 and Urbaser Sumeet conducted an awareness programme at Elliot's beach on June 9. The Rotary Clubs of Madras Besant Nagar, Chennai Green City and Chennai E-Shakti participated. Speakers Rotarian Irulandi, Rtn Vanaja Krishnamurthy and Rtn Shobana Ravi, along with Ratnam of Urbaser Sumeet and Dr Pasumai Murthy spoke on the importance of a clean and green environment and litter-free beach.



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# People >

## Driving passion to profession

By Kritika Hariharan

When I met Priya Chandar at Thiruvannamiyur, little did I expect to see a jean-clad woman carrying a toddler, while driving an auto. Being among the very few lady auto drivers and the first in the Adyar locality contributes to her enthusiasm. "I wanted to learn to drive some vehicle or the other. However, driving an auto provided me with a means of livelihood as well. This also gave me an opportunity to make a difference in society and avoid being confined to the four walls of my home," She explains.

After quickly introducing me to her baby, she talks of her fondness for driving an auto. Priya hardly takes a break from her work. After giving birth to her youngest son (still an infant), she took just a four-month break before getting back behind the wheel. "The whole family pitches in to care for each other. On holidays, her elder children take care of the younger ones, while she takes the infant along with her for her drives."

Priya is ecstatic that the couple have similar professions and are a team in their relationship as well, "None in my family objected to my driving. My husband has always encouraged me. Of course, there are concerns about taking care of children and aged parents at home, but I am managing well, Thank God! I also understand and acknowledge their concern for my safety while driv-

ing." She thanks the Chennai police, her fellow auto drivers and the public who have made the city a very safe place for women, "Of course, sometimes I do get cranky customers, but that's part of any job. And at that time I am cautious."

Curious, I ask how she manages personal hygiene while driving. "Oh! That is still a big problem for us, women drivers. Clean bathrooms are hard to find. While driving with my toddler, I cannot take him inside the restrooms. I need to seek the help of fellow auto drivers, sometimes unknown ones. They do help, however, my anxiety is at its peak between the time I go inside the restroom and when I return. I fear for his safety but have zero options. Sometimes my son will also create a ruckus being separated from me for that short while, making the helping drivers go bonkers!" she jests.

Priya also explains her ordeals during menstruation, "Those days are an agony! I would love to take a rest, but if any known client calls me, I do go out. I respect them for having faith in me and my skills." This faith sometimes leads her to work late nights, however, "Work is worship," she says.

I ask her about her dreams for her children and if she manages to save enough. "As for my family circumstances, what my husband and I earn is more than enough. We might not have enough money to put in the bank, but that doesn't stop us from living in the present



and being there for our children when they need us," she explains.

Priya's impact extends beyond her immediate family. She is committed to educating and empowering other women in the ECR region by teaching them to drive and encouraging them to pursue financial independence. By doing so, she is breaking down traditional gender roles and creating a supportive community of skilled female auto drivers. Priya's journey is a testament to her resilience and her desire to create a better future for herself and others.

## Letters >

Letters and events are welcome. Please include writer's name, address and telephone number; may be edited for purpose of clarity or space. Pics. welcome. [adyartimes@gmail.com](mailto:adyartimes@gmail.com)

### Kottur residents' appeal to TASMALC authorities

■ The residents here are quite upset and annoyed to hear that there is a plan to set up a new Tasmac Wine Shop once again in Kottur in lieu of the existing one being closed a month back.

Kottur residents were rejoicing the removal as it has brought peace and harmony to this area, no traffic blocks were witnessed now. Thus on behalf of the residents here and their well-being, I request the authorities concerned to kindly avoid setting up the TASMALC shop once again in Kottur. Allow peace to prevail in our area and also for the safety of children and women alike alighting and boarding the Kotturpuram MRTS Railway Station.

- N. Suresh Kumar, Kottur.

### This place is not for trash!



■ In T.M. Maistry Street, Vannanthurai, it has become common for the public to trash places outside our houses. All the rubbish particles, bags, and unwanted and unused home decor items are thrown here regularly. People throw the garbage at night and litter the place, making it difficult for the workers to sweep and clean the place every day!

We request the concerned Corporation authorities to take immediate action since it has become a place for mosquito breeding and often foul smell emanates from the trash which is harmful to children and the people living around. It is a very sad plight to see that even educated people aren't ready to keep our city clean.

- Kalai Chelvi, Vannanthurai.

### No Metro water since a month

■ We, at Anna Avenue, Bakthavatsalam Nagar, have not been getting Metro water for over a month now. There have been several pits that have been dug all over by CMWSSB in our area. Here is a picture of one such pit that has been dug in front of my house and left open for more than three weeks now.

While the department is extremely meticulous in calling us up for payment of water charges and taxes, they don't show the same interest in providing us with the necessary services. How do we make these utility service providers like water, sewage and electricity more responsible and accountable?

- K. Srinivasan, Bhaktavatsalam Nagar, Adyar.



### Blue Cross Road has stagnant water after every rain

■ Despite the small intermittent rains that Adyar has seen, there is a large pool of water that has inundated almost the whole of the Blue Cross Road. Blue Cross road once used to be a haven for walkers, cyclists and runners; it has now turned into a road that must be avoided after every little drizzle of rain. This stagnant water is a safety hazard in many ways because there are 2 schools in the vicinity, which makes it hard for students to walk or cycle to school.

There have been many incidents of vehicles turning off because of water going into their engines. The whole road has become a nuisance during rainy times. There are now traffic snarls as well on this road and the beauty and ease with which people used to travel on this road are now lost. The stagnant water also does not get drained immediately, causing hygiene issues as many walkers and runners are forced to go through the dirty water which may be contaminated. Many complaints have already been raised with no fruition of the efforts made by the residents.

A permanent solution must be found for this issue because this road connects the inner regions of Adyar to the main roads.

- Chaitali Shroff, Besant Nagar.



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Thiruvanniyur resident C.V. Chandramohan was awarded the 'Karthik Ramanujan Award of Excellence' for best drama artiste, at the Kodai Nataka Vizha award function, on June 1. Kodai Nataka Vizha is an annual event conducted by Karthik Fine Arts, Mylapore, celebrating drama and its artistes. Chandramohan can be reached at 98406 64169.

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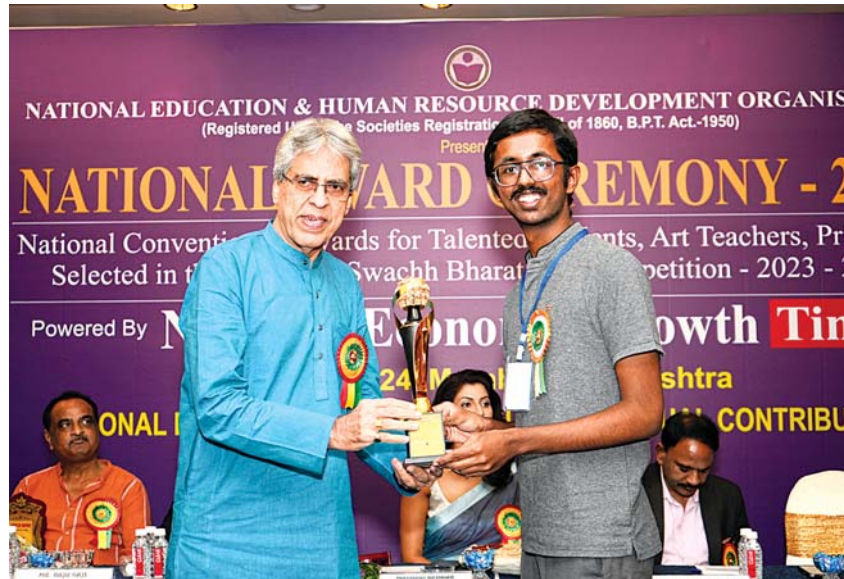
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# Community >

## Neighbourhood boy wins art competition

R.Skanda, Thiruvanniyur, has won the National Excellence Award in the All India Swachh Bharat Art Competition and received the award trophy and citation in the gala event held by National Education and Human Resource Development Organisation (NEHRDO), Mumbai, on May 25.

The award was given by the renowned music artist, Ghanshyam Vaswani. Skanda is a Class 10 student of The Hindu Senior Secondary School, Indira Nagar. C.Kala (Coordinating teacher of this competition) and Lakshmi Arulalan (Principal of the school) also received award trophies and citations as part of the participating / winning school.



## Officials share insights to encourage students at Olcott school



On June 10, the District Educational Officer for Private Schools and Chief Educational Officer for Private Schools visited Olcott Memorial School, Besant Nagar, initiating the day with the hoisting of the national flag during the morning assembly.

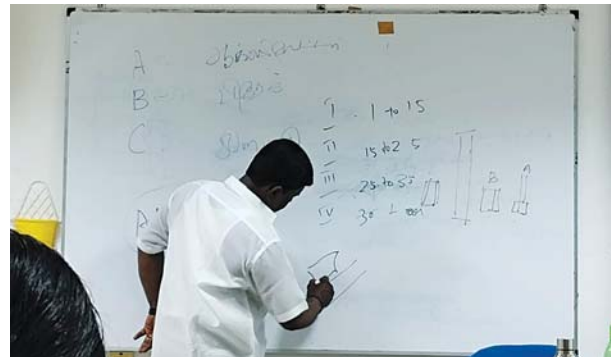
Addressing the students, they emphasised the importance of setting goals and engaged in an insightful dialogue with the 10th and 12th-grade students, providing valuable tips for achieving a 100% success rate in the upcoming Board examinations.

Furthermore, they distributed free textbooks provided by the Tamil Nadu government to aid in their academic pursuits. "This visit not only encouraged academic excellence but also fostered a sense of community and support within the student body," said the school.

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▲ Rotary Club of Thiruvanniyur organised driving classes for 11 transgenders along with sponsoring their driving licence. "With this, we aim to empower them financially as they can be engaged in the taxi service profession," said a statement from the club.

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## 'Remember at 70' Book launch event



Dr. Premanjali, a former resident of Besant Nagar has authored a book 'Remember at 70 - Journey of Life - from Besant Nagar to Baramulla'. The launch event was at Athulya Assisted Living, Neelankarai, on June 11. The chief guest was Dr. Premanjali's mother, T.S. Sarojini Devi, who received the first copy from renowned author Padma Shri Indira Parthasarathy.

Sarojini Devi, was the first lady headmistress of a government higher secondary school in Tamil Nadu and an honorary Presidency Magistrate of the juvenile court. Other notable guests include Venkatesh - an artist from ITC, and Priya - a renowned film director known for 'Pon Ondru Kanden', Advocate Rajesh Murugan, who wrote the book's preface, and Colonel Shishupal Singh, a highly decorated officer of the Indian Army.

Adding to the event's significance, 21 top doctors from the 1972 batch of Madras Medical College, Dr. Premanjali's alma mater, were also present, underscoring the timeless nature of college friendships. Dr. Premanjali concluded the event with her heartfelt vote of thanks. She deeply appreciated everyone who has been part of her life's journey, everyone who listened without judgement, helped without conditions, understood with

empathy, and loved no matter what. Special recognition was also given to the dedicated staff of Athulya Assisted Living, Neelankarai, including Manager Dharmendra, who was the Master of Ceremonies.

**From White Coat to Olive Uniform: A Story of Courage and Pride** - is the synopsis of the book. The book is a compilation of recollections, musings, and defining events that have shaped her journey. Dr. (Major) P. Premanjali reflects on a life rich with diverse experiences. Now residing in an old age home, with her mother, Dr. Premanjali finds joy in the twilight years of her life, emphasising that "ageing is a beautiful process that needs to be enjoyed in a stress-free and joyful manner." The memoir vividly portrays the dual challenges and rewards of serving as a lady medical officer in the Indian Army.

The event was indeed a gathering of the erudite. Special mention must be made of the army officer Colonel Shishupal Singh, who reminisced critical and challenging events during their tenure which was a sample of Dr. Premanjali's courage and valour. She can be contacted at 72999 66014; Email: premanjali1956@gmail.com.

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# Lifestyle >

## Free workshop on yoga therapy



YogaVahini Foundation, Besant Nagar, is conducting a free workshop on yoga therapy for common ailments.

“With International Yoga Day around the corner, it is a good time to ask ourselves: What is my sense of well-being? Am I sleeping well? Is my digestion good? Am I happy and peaceful within? How effectively am I able to manage stress? Do I want to take better charge of my own health? Every day we hear inspiring stories of recovery and hope from our students (care-seekers) who have chosen the path of yoga therapy to address their health issues which range from minor aches and pains to major illnesses,” explained a spokesperson from the institute.

With a commitment of 20-30 minutes of yoga every day and compassionate care of a yoga therapist, one can learn to use asana, pranayama, chanting, meditation, visualisation with appropriate diet and lifestyle modifications to move towards freedom from pain, achieve a calm and clear mind, and greater empowerment, said the institute.

To learn more about personalised yoga therapy, join them for a free workshop on June 21 from 10 am to 12.30 pm. At YogaVahini Foundation, Ramaniyam Smriti Apartments, 1st Floor, 21/3, Beach Road, Kalakshetra Colony, Besant Nagar. To register, message 98846 42456 or email. [yogavahinichennai@gmail.com](mailto:yogavahinichennai@gmail.com). For more information check out: [www.yogavahini.com](http://www.yogavahini.com).

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## REAL ESTATE

• SELLING

CLASSIFIEDS  
contd. from Page 9

■ THIRUVANMIYUR independent house, land 1310 sft. built-up ground + 2 floors, 2700 sft. near to ECR and Marundeeswarar Temple. Brokers excuse. 6380376306, 9841486640.

■ THIRUVANMIYUR L.B Road opposite S2 Cinemas commercial space Multistorey Apartment Suraj and Chaand Towers 3000sft. ground floor, Rs.2.60 crores. Kannan - 9942888231.

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■ THIRUVANMIYUR near beach, independent building, 4500 sft. on plot 1500 sft. consisting 4 flats. 6 bedroom hall kitchen, north facing, 4.60 crores (negotiable). Owner - 9444026649. Brokers eligible 3 lakhs.

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■ THIRUVANMIYUR near Valmiki Nagar, independent house land 1510 sft. (28x54), east facing with old building, 40 Feet Road, Genuine buyers call price 3.40 crores negotiable. Agent : 9941045231, 9566171775.

■ THIRUVANMIYUR opposite RTO, Rajaji Nagar 2 bedroom, 980 /850 sft. 95 lakhs/90 lakhs, covered carpark, wood work, vastu, security, genset, lift. Murthi Agencies-9444385743, 9841156487, 8248972709.

■ THIRUVANMIYUR Radhakrishnan Nagar, 2800 sft. land and building 2600 sft. 3 bedroom house, 5 crores. Besant Nagar one ground land and house 6 crores. Agent: 9444346891.

■ THIRUVANMIYUR Radhakrishnan Nagar, brand new 1750 sft. 3 bedroom, 2<sup>nd</sup> floor, east facing, lift, 100% power backup, UDS 840 sft. price 3 crore negotiable. Agent: 9566171775, 9941045231.

■ THIRUVANMIYUR Seaward Road, 2 bedroom hall kitchen, 1120 sft. 3<sup>rd</sup> floor, UDS 690, 1 covered park, price 1.25 crores. 9840468186.

■ THIRUVANMIYUR Thiruvalluvar Nagar independent house 1<sup>st</sup> and 2<sup>nd</sup> floor, 55 lakhs. Ground + 2, 78 lakhs. Owner: 9500130641, 9940520768.

■ THIRUVANMIYUR Thiruvalluvar Nagar near RTO office, 1100 sft. 2 bedroom, duplex model apartment, UDS 614 sft. with covered carparking, 10 years old, west facing. Contact: 9500049167.

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■ THIRUVANMIYUR Thiruvalluvar Nagar total independent house land 436 sft. builtup 1300sft. 24 feet Road, 10 years old, 1 genset, ground + 2 solar power system, 1 AC, South facing, Rs.82 lakhs. Murthi Agencies - 9841156487, 9444385743.

■ THIRUVANMIYUR Thiruvalluvar Nagar, 3 bedroom apartment, 2 bath, 1 carpark, 1.7 crore negotiable. No water problem. 3/3 New Beach Road. 9791165727. No Broker.

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■ THIRUVANMIYUR Valmiki Nagar 2 bedroom, hall, kitchen, 960 sft. UDS 606 sft. 3<sup>rd</sup> floor, North facing, lift, carpark, price 85 lakhs. Contact: 9840817309.

■ THIRUVANMIYUR Valmiki Nagar, 2 bedroom apartment, 960 sft. 85 lakhs negotiable. Thiruvalluvar Nagar 450 sft. vacant land 50 lakhs. Kottivakkam seaside, 30x40 = 1200 vacant land 1.50 crores. 3 bedroom apartment, 1.60 crores. 8778333090.

■ THURAIPAKKAM 1900 sft. approved 1.60 crores. Thuraiyakkam to Pallavaram Road, 180 cent land 25 crore. 6382066595.

■ THURAIPAKKAM TVH Park villa 3 bedroom, hall, kitchen builtup area 1450 UDS-865 covered carpark, wood work, piped gas, gated amenities. Contact Owner: 6382082145.

■ TIDEL PARK near 2 bedroom, hall, kitchen flat with covered carpark, 1010 sft. for 1.15 crores with assured rental contract for 3 years at 50K per month. Contact Ashok: 9841296789.

■ VALMIKI NAGAR Ramaniyam flat 2 bedroom, 1300 sft. open sit out, Rs.1.33 crores. Valmiki Nagar 4 bedroom, 2200 sft. Rs.2.35 Crores. Contact: 9841383711, 8608335555.

■ VALMIKI NAGAR Thiruvaniyur two bedroom, 950 sft. third floor, lift, carparking, UDS 600 sft. near beach, north facing, balcony. Agent: 9840524415.

■ VELACHERY 100 Feet Road, Vasanth Apartments above Teak & Oak, 1<sup>st</sup> floor, 2 bedroom hall kitchen, small study, spacious well ventilated, 950 sft. 1.30 crores negotiable. Contact: 9962158666.

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# Sports >

## Doordarshan to telecast major global international sporting events

Prasar Bharati has announced that Doordarshan will telecast the T20 World Cup being held in the West Indies and USA, starting June 2 on the DD's free dish platform. Doordarshan will follow up the high-profile coverage of the T20 World Cup with a lineup of telecasts of several major global international sporting events.

This includes Live/ deferred live and highlights of:

- The Paris Olympics Games 2024 (26th July-11th August 2024);
- Paris Paralympic Games (28th August- 8th September 2024);

● International Cricket Series between India Vs Zimbabwe (6th July -1th July 2024);

● India Vs Sri Lanka (27th July -7th August 2024);

● Ladies and Men's finals of the French Open 2024 (8th & 9th June 2024);

● Wimbledon 2024 (13th & 14th July 2024).

The channel also launched a special anthem 'Jazba' for the T20 World Cup sung by Sukhwinder Singh, and a promo for the gala T20 event narrated in the voice of the famous storyteller Neelesh Misra.

## Silambam stars from Thiruvaniyur

Twenty-two students from Team J Silambam Academy (TEAM J) won 30 golds, 20 silver and 16 bronze medals at the Silambam International Championship held in Goa on May 25 and 26. The event was organised by the United Silambam Sports Federation and the School Games Activity Development Foundation. The students also won the title championship.

Team J Silambam Academy's chief coach, G.Jagadeesh, thanked the parents for their support. He can be contacted at 99434 88114.



▼ At the same event, students from Five Elements Silambam Arts Academy (FESAA) won 6 golds, 8 silver and 4 bronze medals at the Silambam International Championship held in Goa on May 25 and 26. The winners are Dharani, Thomas, Yogeshwaran, Shagithiyar, Mugilan, and Devedharshini. The students have been coached by Britto Yuvaraj - Director of the academy. He can be contacted at 90031 64010.



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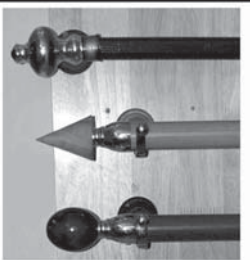
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# Community >

## Youth group shows concern for environmental issues

Class 12 students - Rishi Rajan Menon and Badhri Narayanan Hari, Founders of Shore Guardians, on June 5 conducted a beach cleanup drive at Elliot's beach. Nearly 30 volunteers collected 30 bags of trash from the beach.

The founders said, "Students tend to exhibit less concern for our environment, due to prioritisation of academics over growing up to be a well-rounded citizen. We hope to in-

spire our peers to do their part in protecting our environment." The club has frequently collaborated with the Annets Club of RCMC (Rotary Club of Madras Central) to build their volunteer base for cleaning the beaches of Chennai. The club is currently 70 members strong (10th and 11th graders) and is looking to grow further. Check out their Instagram handle: [shoreguardians.chennai@gmail.com](mailto:shoreguardians.chennai@gmail.com). Email: [shoreguardians.chennai@gmail.com](mailto:shoreguardians.chennai@gmail.com).



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