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Community >

Medley Toastmasters Club celebrates 800th milestone meeting

The Medley Toastmasters Club, Adyar, marked a momentous occasion on Sep.28, with its 800th milestone meeting. With a turnout of 60 enthusiastic members and guests, the event was a resounding success, filled with inspiring speeches, engaging activities, and a true spirit of camaraderie.

The highlight of the evening was a captivating keynote session delivered by Dr.C.Sylendra Babu, IPS (Retd), Former DGP of Tamil Nadu. His insightful address on 'Effective Communication for Effi-



cient Leadership' resonated with the audience, leaving them motivated and eager to hone their communication skills. The second keynote speaker was distinguished Toastmaster Dr Rajeshwar

Sundaresan.

Members also showcased their public speaking talents through prepared speeches and impromptu sessions, while others participated in interactive games and exercises de-

signed to enhance communication and leadership abilities. For more information or to join the club, visit medleytoastmasters.com or contact TM Barath at 90941 68977.

RBL Bank's medical camp for underprivileged: a welcome Initiative

More than 150 people benefited from a free health check-up camp organised on Oct.5 by the Besant Nagar branch of Ratnakar Bank Limited (RBL) in partnership with Kalakshetra Colony Welfare Association (KCWA).

The camp, which was the bank's CSR initiative, was held at Rani Meyyammai Corporation Ground, Rukmani Road. The initiative demonstrated the impact of constructive collaboration between a bank serving the community and a residents' welfare association.

Led by Branch Manager Archana Ganesan and her team, the initiative aimed to address the healthcare needs of the essential workers in the community - security guards, maids, cooks, carpenters, conservancy workers, vendors, and drivers. The camp provided complete blood tests, eye checkups and free spectacles in consultation with a doctor.

Launching the event, Archana expressed her appreciation for the support and commitment of members, and its President Balamurali Krishnamoorthy, KCWA Treasurer K.V.Srinivasan and General Secretary Usha Padmesh. KCWA provided logistical support and helped with outreach to people working in the area.



RBL sent all participants their medical reports by text to their phones. Hard copies of the reports were available in the branch. RBL said the effort reflects its commitment to supporting local communities and making healthcare accessible to all. The strong response showed that the initiative met a real need in the community.

MSSW and Kauvery Hospital organise rally on World Mental Health Day



MSSW (Madras School of Social Work), in collaboration with Kauvery Hospital, organised a rally on Oct.12 at Besant Nagar to mark World Mental Health Day.

The event focused on the theme 'Mental Health at the Workplace', highlighting the significance of

supportive and inclusive work environments for mental well-being.

The rally saw active participation from professionals, students and mental health advocates, coming together to promote awareness and advocate for positive change in workplaces.

Dr. Yamini Kannappan, Senior Consultant Psychiatrist at Kauvery Hospital Alwarpet, emphasised, "Addressing mental health at the workplace is crucial for both employees and employers.

A supportive environment not only enhances

productivity but also nurtures a positive culture where individuals can thrive."

Adding to the initiative, Sangeeth Gopinath, Program Head of the Undergraduate Psychology department at MSSW remarked, "Creating awareness about mental health in professional settings is the first step toward change. We need to break the stigma and encourage open conversations, making workplaces spaces of comfort and growth."

The rally served as a platform to educate the public about the importance of mental health in professional settings and encouraged open dialogue about mental well-being, aiming to create more inclusive and healthy work environments.

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Community >

Urbaser Sumeet's environmental awareness campaign creates lasting impact in Thiruvanniyur



Urbaser Sumeet's IEC team recently organised a meaningful and impactful awareness campaign on Netaji Street, Thiruvanniyur. The event saw a turnout of nearly 500 people, including 400 students from Chennai Middle School. The campaign also brought together local leaders and stakeholders, such as Councillor J.Kayalvizhi, and Urbaser officials: Bhim Rao (Zonal Manager), Komal (Senior Manager), Ramanathan (Assistant Zonal Manager), Selvam (Unit Officer), Ranjith (Supervisor), and Vijay (Assistant Supervisor).

The campaign kicked off in early July with 'EduKids', a special interactive session designed to teach school students the importance of keeping our city clean, and the critical role of segregating waste at its source. Subsequently, the community got together for a wall painting project, with a message on cleanliness and waste segregation.

By the end of July, the walls had been transformed into vibrant murals, each one a reminder of the importance of caring for our surroundings.

The campaign's grand finale was the 'Vizhipunarvu Velli', featuring lively street plays and educational presentations, on waste management and sustainable living, organised by Urbaser Sumeet's IEC Department.

"The community's response to the campaign was overwhelmingly positive. Many residents, moved by the campaign's message, committed to improving their waste segregation practices. This initiative didn't just educate—it fostered a deep sense of shared responsibility among the residents, encouraging them to take an active role in caring for their community's environment," said a statement from Urbaser Sumeet. For more information, contact V.R.Hari Balaji at 89255 22001.

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The winners of Adyar Times Kolu Contest 2024, with the judges, chief guest Hamsadhvani R.Sundar, Managing Editor of Adyar Times, J.P. Janakan and Indrani Janakan. The prize distribution event was held at Youth Hostel, Indira Nagar on Oct.18.

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Events >

Celebrating Shri Valmiki Jayanti

Bhadrapada Poornima (Purattasi Pournami) is the birthday of Aadikavi Valmiki Maharshi, who wrote the Shrimad Ramayanam. There is also a 1300-year-old temple dedicated to him near Thiruvanniyur bus depot.

Sanskrita Bharati Uttara Tamilnadu will celebrate Shri Valmiki Jayanti with a Kavi Sammelanam at 'Kokiladwani', Balakrishna Road, Valmiki Nagar, on Oct.20 from 3 pm to 5 pm. Thirteen eminent poets will recite self-written poems / shlokas on the Sage in seven different languages. Ph: 93800 09736.

Programmes at Hare Krishna Movement

Hare Krishna Movement, Thiruvanniyur, conducts Kala Madhuryam - an initiative to promote classical dance and music performances at the temple hall, Dakshina Dwaraka Dham. All are welcome. Ph: 96003 30108. Programmes at 5.30 pm:

- **Oct.19:** Sri Sudarshini Natyalaya headed by Guru C.Charulochana;

- **Oct.20:** Shri Abinayavarshini School of Music and Dance, Mogappair West, headed by Guru Dr.V.G.Rajaraman Kasiraman.

The institute is also celebrating Deepotsavam, a month-long festival commemorating Damodara-lila. From Oct.17 to Nov.15, the temple will be decorated with scores of lamps. At 8 pm, the garbha-griha will be opened, a grand arati will be performed and all the assembled devotees can offer ghee lamps to the deities.

Waste collection drive

Wasted 360 along with Go TN Mini Market Place is conducting a waste collection drive at Backyard, Gandhi Nagar on Oct.20 from 10 am to 4 pm. Items collected are: all fabrics (torn / stained accepted, inners to be packed separately), plastics (including broken toys), all e-waste (except bulbs, tube lights, batteries) and papers (including used notebooks). If in doubt, call 97517 55522 with the image of the item, to check if it can be accepted.

Go for Organic Clothing

Tula Organic Clothing is celebrating its 10th anniversary by organising a curated demo of the hand-spinning craft of Ponduru (Andhra Pradesh). Witness the very rare and special live demonstration by master women practitioners of the spinning craft of converting fibre to yarn - right from de-seeding to the opening of cotton to combing with the fish jaw bone to spinning the yarn by hand.

Tula's exquisite handmade garments and fabric will be there for sale too! Also enjoy conversations, organic food and snacks and hands-on workshops.

Tula Organic Clothing is a not-for-profit social enterprise that brings to you garments from Indian cotton organically grown by smallholder, rainfed farmers, with the yarn hand-spun by skilled workers and coloured with natural dyes. From 10 am to 7 pm at 'Spaces', Elliots Beach (near Thalappakatti), Besant Nagar. For more info, follow them on social media @tulaindia, website: www.tula.org.in. Ph: 80561 63560, 99809 09986.

Ecolu by EFI

Environmental Foundation of India, Besant Nagar, presents the Ecolu - India Wildlife Golu, where children can learn interesting facts about the fauna of India, especially the endangered species. The golu is open to all from 10 am to 5 pm, till Oct.31 at EFI's office at Sri Shankara, M77, 1 & M77/3, 31st Cross Street, Besant Nagar. Ph: 99402 03871, 73580 61118.

Become conservation leaders!

Readin' Resource, Chennai Chapter (Kasturba Nagar), invites all to join their 'Roots & Shoots Club', a well-renowned global program by The Jane Goodall Institute. The club aims to empowering today's youth to become conservation leaders, caring environmentalists, and humanitarians through community service.

For age 8 and above. From Oct.25, every Friday for 12 weeks. For inquiries and registrations, call 98843 72898, 99622 12063.

Tribute >



S. Ramanathan, 79, passed away on Oct.9. He was a long-time resident of AGS Colony, Kottivakkam.

He was the Managing Trustee of the Sankara Vinayak temple. He was actively involved in serving the public for more than 4 decades and held various positions during the period which include being the ward member of Kottivakkam panchayat, President of Congress party for Kottivakkam panchayat and President of AGS Colony Residents Welfare Association. He is survived by his wife - Rubalakshmi, sons - Ramesh, Suresh and their families. They can be reached at 98411 53577.

Programmes at ACL

Here are the upcoming programmes at the Anna Centenary Library, Kotturpuram:

- **Oct.20 at 11 am:** Storytelling session with Lalitha Tilak in the Children's section;

- **Oct.20 at 2 pm:** Children's movie screening 'Mr. Lemoncello's Library'. It is a 2017 film by Nickelodeon that is based on the New York Times 2013 best-selling book by Chris Grabenstein.

- **Oct.26:** Free 10-Day Robotics Mastery Camp for students of classes 9 to 12. Every day 2 hours. What to Expect: Learn the fundamentals of robotics while working on innovative projects; Get hands-on experience with the core components of robots; Learn to code and implement it to control your robot's movements; Build your own robot from scratch to fully functional; Participate in a robotics competition at the end of the camp and showcase your skills; Receive a certificate of completion which can be used for your higher education and to expand your skills further. Limited seats. Register at buff.ly/4eDQZXw or scan this QR code.



Community >

Voice of Rotarians



Rotary Club of Chennai Towers conducted 'Voice of District - Season 16', a music talent competition for Rotarians and their families. The event saw 147 registrations this year, of which 44 contestants were

shortlisted by eminent judges.

Comprising a mixed bag of performers, the grand finale was held at Hotel Le Meridian on Oct.13. The event was judged by prominent singers - Yugendran Vasudevan, Devan Ekambaram, NSK Ramya and Ganga. More than 200 guests, including celebrities, attended the finale.

Chief guest for the event was Rtn Mahaveerchand Bothra, District Governor - RI District 3233. President Rtn Shalin Shah and

Chairman of the event Rtn Eashwar Prasad ensured that the event showcased the talent beautifully. The proceeds of this event will be utilised for various community projects of Rotary.

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News >

First spell of monsoon hits the city

The North East monsoon officially commenced over Tamilnadu on Oct.15 with a well-marked low pressure. As per the Indian Meteorological Department, Chennai received 269.2 mm of rainfall in the week ending Oct.16, against the average of 30.8 mm.

The GCC and all other departments worked in tandem during these rains to control the havoc. While waterlogging was reported in many places in the Adyar neighbourhood, efforts were taken to resolve the same as soon as possible, by the concerned departments - GCC,

Urbaser Sumeet, Police, EB, CMWSSB, CMRL etc.

Post the rains the GCC stated that they collected nearly 14.5 MT of waste between Oct.14 and 16.

They also issued an advisory, "Let's work together to keep our city clean, do not throw waste on the roads. It obstructs water flow in the drains and harms our environment."

As part of the relief work, Ward 179 Councillor J.Kayalvizhi organised piping hot food to be distributed to the homeless and urban slum localities.



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Kolu 2024 >

Celebrating Tradition and Creativity

Kolu, kept during the vibrant 9-day festival of Navratri, brings with it a joyful celebration of devotion, culture, and artistic expression. *Adyar Times* has been proud to honour this tradition through its Kolu Contest every year.

The contest celebrates the festival's rich heritage and fosters a sense of community, as neighbours and friends come together to appreciate each other's artistic efforts. Let's take a closer look at the essence of this cherished tradition and the creative brilliance that continues to inspire awe and admiration in the hearts of all who partake in the celebration.

The prize distribution ceremony was held on Oct. 18 at the Youth Hostel. J.P. Janakan - Managing Editor of *Adyar Times*, Indrani Janakan and R. Sundar - Secretary of Hamsadhwani were the chief guests.

Speaking about our annual kolu competition, our Managing Editor added: Like the past years, this year too we have upheld the tradition of Kolu through this contest. My heartfelt thanks to all the participants. Your

creativity, dedication, and enthusiasm made this celebration of Navaratri truly special. The beautiful and artistic Golu displays we had the privilege of seeing were a reflection of the rich tradition and cultural vibrancy that our community cherishes.

We also thank our sponsors: Kauvery Hospital, Cotton House, KTK Kalyana Sundaram (MKTK Sundaram Realty), Mia by Tanishq and Prakruthi Vummidi Bangaru Store, whose support made this celebration even more special.

A special 'thank you' to our esteemed judges, Usha Srivatsa and Renganayaki Srinivasan, for their valuable time and expertise in evaluating each Kolu.

Usha Srivatsa is a banking professional associated with ICICI Prudential Life Insurance and Star Health. She also owns Sree Clinic and Diabetes Centre and is actively involved with the Inner Wheel Club of Adyar, in its various charitable initiatives.

Renganayaki Srinivasan is a social entrepreneur and helps people lead a healthy life. Trained in Carnatic

music, she is a voice-over artist for YouTube videos. She has also appeared in commercials and movies.

We congratulate every participant for their remarkable celebration of tradition, art, and community. Here are the list of this year's winners:

- Sundhya Ramanujam (Kasturba Nagar)
- Veena Krishnan (Indira Nagar)
- Usha Mukund (Indira Nagar)
- Bhuma Vijay (Perungudi)
- S. Pratiksha (Thiruvannamiyur)
- Subha Lakshmanan (Karpagam Gardens)
- Jayashree Hemchand (Kalakshetra Colony)
- S. Kirthika (Thiruvannamiyur)
- P. Balagopal Ramamoorthy (Kasturba Nagar)
- Ramya Mani (Venkateshwara Nagar, Adyar)
- Nandhini Arun (Besant Nagar)
- Indirani Swaminathan (Kottur Gardens)
- Srividhya Mahesh (Dr Radhakrishnan Nagar)
- Aarthi Magesh (Perungudi)

Usha Srivatsa

It was a tremendous honour to serve as a judge for the kolu competition. The enthusiasm displayed by the contestants was truly inspiring.



I was particularly impressed that many of the explanations were provided by young children, showcasing their deep understanding of intricacies. The artwork presented by all contestants was exceptionally praiseworthy, highlighting creativity and devotion. Notably, themes such as the Alvars, Nayanmars, and Shiva Puranam, which remain unfamiliar to many, were depicted in a simple and acces-

JUDGES SPEAK

sible manner, allowing everyone to connect with and appreciate the devotion behind them.

I extend my heartfelt thanks to *Adyar Times* for this memorable opportunity.

Renganayaki Srinivasan

Being invited to judge the Kolu contest organised by *Adyar Times* was truly a heartwarming experience. As soon as I walked into each house, I could feel the excitement and dedication that each participant had poured into their displays. From intricate thematic setups to vibrant colours, each Kolu told a story, passed down from one generation to the next. It wasn't just about showcasing dolls and decorations; it was about preserv-

ing our cultural heritage in a way that resonated with both the young and the old.

I was also fortunate to share this judging experience with a fellow judge who shared a similar thought process. We quickly found a rhythm in evaluating the displays, making the process smooth and collaborative. The hospitality we received was warm and generous, making the day even more enjoyable.

Overall, being a part of this Kolu contest was a deeply rewarding experience. It reminded me of the importance of community, creativity, and the joy of sharing traditions with future generations.



“ Adyar was abuzz with excitement and cultural fervour as the *Adyar Times* Kolu Contest concluded on a grand note. Participants from all walks of life showcased their artistic talents through exquisite Kolu displays depicting a myriad of themes - mythology to contemporary social issues, making the judging process both challenging and delightful.



Mia by Tanishq is proud to have been associated with this wonderful event. Get ready to shine this festive season with Mia by Tanishq at Kasturba Nagar 3rd Cross Street, Adyar. Visit our store and indulge in exquisite jewellery pieces at unbeatable prices with up to 20% off.

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SPONSORS SPEAK

Adyar Times values its association with Kauvery Hospital to host the Kolu Contest 2024 - a celebration of tradition and community spirit. As a healthcare provider committed to excellence, Kauvery Hospital continues to expand its services with the opening of its new clinic at M.G. Road, Sastri Nagar, Adyar.



This clinic is a testament to their ongoing dedication to offering comprehensive and compassionate care.

“ Navaratri is about the celebration of our Devis - Durga, Lakshmi and Saraswathi.



The creativity and preparation involved in making attractive Kolu, the bonding with family, friends, neighbours and relatives during Navaratri, the stories of the various gods and goddesses - all form a part of rekindling our glorious culture, year after year.

We, at Prakruthi, believe in upholding our rich traditions and culture and take part in all its' colourful celebrations with great pride and awesome energy.

- Prashanth and Kalpana Vummidi. ”

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“ Adyar Times, a pioneer among neighbourhood newspapers, carries all local news and events.

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It makes an interesting read, with its readership expanding each year. It involves residents in its traditional kolu contest and invites chess enthusiasts from all over the globe to its chess tournament.



I am proud to be associated with it as an advertiser for the past 15 years. As a reader I was attracted to sponsor the kolu event and I have been doing so for the last 5 years with immense satisfaction.

I wish *Adyar Times* all the best!
- M. Kalyanasundaram, MKTK Realty ”

“ The founders of *Adyar Times*, S.P. Ambrose (IAS), and Hamsadhwani, R. Ramachandran, have played pivotal roles in fostering cultural unity in the Adyar neighbourhood.



Through initiatives like the *Adyar Times* Golu Contest and the establishment of Hamsadhwani, they have strengthened the bond among neighbours and celebrated our shared traditions.

I encourage everyone to regularly read *Adyar Times*, which not only spotlights cultural events but also brings attention to important civic issues. By contributing your voices and concerns, you can help improve our neighbourhood.

Wishing all participants in the Golu contest the best, and I hope to see even greater participation in the coming years!

- R. Sundar, Hamsadhwani. ”

“ Golu is a beautiful tradition that strengthens family bonds and fosters connections within the community. During Navaratri, which celebrates the divine feminine, these practices not only honour the goddess but also promote unity and cultural heritage.



In South India, families make it a point to visit each other's homes, reinforcing relationships and shared traditions. Engaging in Golu practices contributes to physical, mental, and spiritual well-being, making this festival a holistic celebration of life and community.

- Venugopal, Founder - Cotton House. ”

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Letters >

Letters and events are welcome. Please include writer's name, address and telephone number; may be edited for purpose of clarity or space. Pics. welcome. adyartimes@gmail.com



Sewage overflow on the road

■ Here is a photo taken recently at the junction of 1st Main Road and 2nd Cross Street in Gandhi Nagar, Adyar, where sewage from a building is overflowing on the roads every few days.

The overflow apparently is from the area for garbage, gas cylinder storage and washing on the west side on the ground floor of the building.

This recurrence has been reported earlier also, but there is no relief for the residents and visitors. Not only is this unhygienic but also it is difficult for pedestrians to walk on the road.

I request the occupants of the building and the municipal authorities to take appropriate action at the earliest.

- **Deepak Bhatia**, Gandhi Nagar.

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Anniversary wishes

■ Congratulations to you and your team on your 31st anniversary and wish you many more. Though I have become a regular reader, only since August 2024, I have become addicted to your edition as I find your edition a very useful medium to air our grievances. Your coverage of happenings, in and around Adyar, are exemplary. Through your weekly edition, we get to know about the important events in and around Adyar. The most valuable is your 'Letters to Editor' column where you never miss to point out the shortcomings in and around Adyar. We wish you many more Happy Reporting to enlighten your readers not only in Adyar but in other areas too, where people do browse.

- **N. Mahadevan**, Vannanthurai.

■ Adyar Times is 31 Not Out, and has made the most amazing contribution to the entire neighbourhood! In the past 3 decades, Ambrose Sir's brainchild has won the hearts of almost all the residents! It is mainly because of dedicated CSK-like teamwork by Janakan's team! The community coverage by Adyar Times is an example of excellence, to say the least! The civic issues focussed get immediate and very positive responses. Events in AT get a good and quick response! The Golu contest is a very big hit.

Last but not least, the Letters section, to which I am also a very small contributor, is a crucial and useful part of the paper. The advertisements too are nice! Kudos to the Adyar Times team!

- **S.Venugopal**, Vannanthurai.

Appreciating Speed Post

■ I admire the service of Speed Post (Indian Postal service) for its efficient, economical and prompt courier service.

Last week, I sent a parcel of Kolu dolls to Pune and the staff at the Besant Nagar post office was apprehensive about the safety of the dolls. I took a risk and sent it.

Not only did it arrive on the third day morning but also without any damage. Also, Speed Post gives tracking information through SMS, which not many courier service providers do. Probably Speed Post requires more publicity and advertisement to enable more and more customers to be aware and avail of their services.

- **S.R.Subramanian**, Besant Nagar.

Vannandurai is a civic nightmare

■ Here is a photograph taken near the Vannanthurai Bus stop in Besant Nagar, Chennai. Due to the parking of vehicles on the footpath, which is in a battered condition, it has become a nightmare for people to walk through this road. It is more so when the rainy water is stagnated on this

road. We request the GCC to relay the footpaths on both sides of this road and ensure that no one parks their vehicles on the footpath, thus enabling pedestrians to use the footpath.

Action should also be taken to ensure there is no stagnation of rainwater on the main road and T.M.Maistry Street.

- **N. Mahadevan**, Vannanthurai.

Perennial problems with sewage

■ The sewage and drainage system in Sastri Nagar is in a sorry state across 11th to 14th and 7th Cross Streets. Sewage is perennially overflowing in this area for several years now and has only gotten worse, especially at 11th and 12th Cross Street. While CMWSSB uses the jet rodding machine once in a few weeks to clear the blockage, giving relief for a few days, it does not resolve the problem, nor is the jet rodding machine used often enough.

Of late, the sewage problem has been exacerbated so much that the houses at the end of 12th Cross Street face sewage backflow within their compound. Attached are two pictures - one showing the overflow at the corner of 12th and 11th Cross Streets, and another showing sewage overflow within the compound of one of the homes.

This is set to get far worse in the coming weeks as the monsoon sets in. Requesting CMWSSB to ensure jet rodding at all the manholes on these streets every week until they can come up with a permanent solution.

Singara Chennai seems to be a distant dream, but asinga Chennai is a daily nightmare here!

- *Name withheld on request.*



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Kolu 2024 >



▲ Aarthi Magesh: Presented the concept of 'Sapta Kannigal' through the dolls.



▲ P. Balagopal Ramamoorthy: The theme celebrated the city of Madras through handmade models of various iconic landmarks.



▲ Bhuma Vijay: Stories of Thirumangai Ahzwar were presented.



▲ Indirani Swaminathan: The Octogenarian displayed various concepts through dolls that she made herself.



▲ Jayashree Hemchand: The theme focused on the Dasavatara stories.



▲ Kirthika Sriraman: A life-size model of the Ram Lalla of Ayodhya was displayed.



▲ Nandhini Arun: Neatly presented the stories of Lord Muruga through her dolls, some of which were centuries old.



▲ S.Pratiksha: Model of Vaikuntha Ekadashi and paramapada vaasal were presented.



▲ Ramya Mani: Celebrated the various 'Vahanams' (mounts) of the deities.



▲ Srividhya Mahesh: Showcased the concept 'Kurai ondrum Illai' and presented the comparison of Rama and Krishna.



▲ Subha Lakshmanan: The concept of 'Saranagathi' was presented through dolls.



▲ Sundhya Ramanujam: Portrayed the concepts of Vaishnava Sampradaya.



◀ Usha Mukund: Concept was 'Valam tharum Virathangal'. More than 40 virathangal were portrayed through intricate and colourful dolls.

▶ Veena Krishnan: Different forms of Shiva with their stories, as in Rudram, were displayed aesthetically.



Navarathri >

Green Navaratri Kaleidoscope: Merging tradition and sustainable creativity



Sri Sankara Vidyashram's Navaratri celebrations were held across multiple venues on the campus. The vibrant and engaging event highlighted creativity, tradition, and eco-consciousness. Here's a glimpse of the activities:

- **Eco-Friendly Golu:** The Golu was crafted using eco-friendly materials like cardboard and natural dyes. Students from Grade 8, under the guidance of EFI, displayed their awareness of endangered species by presenting figurines and decor that aligned with the theme of sustainability.
- **Classic Traditional Golu**
- **Golu Tales from the Golden Years - Grandparents Saga**
- **Majestic Stripes: Pulli Kolam Showcase:** The third-floor corridor was adorned with intricate Pulli Kolams that demonstrated symmetry, precision, and a deep connection to South Indian cultural art forms.
- **Upcycled Wonders: The Junk Art Golu:** Students used discarded items and transformed them into creative Golu setups. The artistic flair displayed here was commendable, and the sustainability message resonated strongly with all attendees.



▲ As part of Navarathri, Samskrita Bharati (Adyar) celebrated Bharati Puja - Samarpana Dinam at all their classes with around 300 volunteers and 2500 people participating. On Oct.6 one such puja was conducted at Neelankarai and was attended by 15 students and 5 teachers. The program included the full recitation of Lalitha Sahasranama and 700 slokas of Shrimad Bhagavad Gita.

▼ As part of Navarathri celebrations, Sakambari Women's Group organised Sumangali pooja and Kanya pooja on Oct.8. Nine sumangalis and 10 girls participated in the event. They were honoured with gifts and lunch packets. All recited Sri Lalitha Sahasranamam, while children sang devotional songs. Raji Rao, President of the group and Geetha Kriparamanan explained the importance of the pooja.



Grand Navarathri celebrations at Prakruthi



Kalaimamani Priya sisters - Shanmukhapriya and Haripriya, inaugurated this year's Kolu at Vummidi Bangaru Prakruthi - a household name in fine jewellery. The brand celebrated 'Prakruthi Sangeetha Mela - 2024' for three days, for the third consecutive year, featuring upcoming Carnatic artistes as part of the Navaratri celebrations.

Prakruthi, a well-known jeweller for handmade diamond jewellery, precious stone jewellery and silverware for temples and pooja rooms is founded and managed

by the 4th generation owner couple - Prashanth and Kalpana Vummidi, belonging to the iconic 124-year legacy of Vummidi Bangaru Chetty.

They offer 18 different services - right from basic ear and nose piercing services to expert evaluation of heirloom jewellery. They ensure the brand is relevant to the ever-evolving client preferences. For appointments, customisation meetings or expert advice, contact 98416 72021. At 44, B.Ramachandra Adithanar Road, Gandhi Nagar, Adyar.

▼ A beautifully decorated kolu was at the centre stage of the Navratri celebrations at Mangayarkarasi Magalir Manram, Sastri Nagar. Members sang devotional songs, and children performed a dance programme as well.



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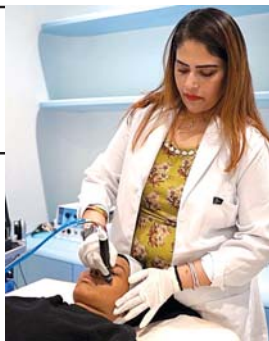
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Dr.R.Nisha Srinivas, Dermatologist and Aesthetic Physician, ANLON stands as Chennai's pioneering Medi-Salon, offering an integrated approach to

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