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Women's Day 2025 >

Silent Strength: Honouring the women who keep the world moving

By M. Rajini

The first-ever woman to be a Realtor in Adyar

V.N.Sujatha, Monika Estates, Adyar, has stood her ground for 27 years and carved a niche through her perseverance, sincerity and integrity, in a male-dominated field. When she settled in an LIG flat in Aishwarya Colony, Adyar, she began by offering a small but essential service—helping tenants find new homes when they needed to move out. She also assisted homeowners in finding tenants and provided other related services. What started as a simple task slowly turned into a steady source of income. This service became her bread and butter when, at the age of 43, life took an unexpected turn. She lost her husband and suddenly found herself a single mother to two daughters.



Imagine the challenges she faced as a fledgling in the real estate business, a time when she was the only woman among a sea of male brokers in 1998. As she navigated the competitive world of real estate, she had to inspect and collect details about properties in the suburbs, often working late into the night. When taking clients to view apartments, safety was always a concern, so she would wait at the entrance while they explored the property. Equipped with only a pager, she was al-

ways in a rush, scrambling to make it on time to wherever she needed to be. With buses being the only affordable means of transport, she had to rely on them to get from one place to the next.

Trust is vital in every business, and more so in real estate. Sujatha built Trust steadily with colleagues and clients. "Many times I had to face insults, embarrassment and humiliation. But I brushed past all that and moved on," she says, adding, "There were many good Samaritans among brokers, who guided and mentored me and treated me with respect – Mani, Murugan, Rama Rao and Murthy were very reliable. I am thankful to them. Also, several clients who are homeowners are very supportive and refer me to their friends even now."

She makes a special mention of the role of *Adyar Times*: "I can never forget how the staff of *Adyar Times* were very cooperative and a pillar of strength to my business. Even if I missed the deadline, they would generously accommodate my advertisement. The office itself is a very lively space where we exchange valuable information."

Sujatha can be contacted at 81449 29800, 91502 15269.

Enthusiastic Idiappam seller in her two-wheeler

Ilankodi can be seen at 7 am with her megaphone screaming, "Idiappam, Puttu, Thenga Paal, vada curry." With a scarf wound on her head and a smile on her face she stops at every customer's house in time for their morning breakfast. Her route is Neelankarai, Vettuvankeni and Injambakkam. Be it the scorching sun, pouring rain or shivering cold, she never skips a day. There are roads in Neelankarai and Hanuman Colony in Vettuvankeni that are a nightmare even for men to ride in a two-wheeler. Nothing has daunted her.

Ilankodi has been in this business for 30 years. Initially, she used to board the bus at Indira Nagar water tank with her cane basket of Idiappam and alight at Neelankarai. She would walk along the shore and sell at the *kuppams*, for the fisherfolk who would leave to the



seas. The bus fare was Rs.1. She has a boy and two girl children. Her younger daughter was 3 when her husband left her for another woman. The young one was put in a Christian Missionary hostel at Injambakkam, so she could continue her business to educate the children in a Corporation school. A kind soul for whom she was a domestic help, bought her a cycle. The cane basket became a steel *thookku*.

For the past 8 years she has been living in Taramani, and plies in a two-wheeler, carrying her *idiyappam puttu*, in a hot box. The boy and the elder girl are married and settled. Now Ilankodi has the younger girl with her, who helps her out. Buying an idiyappam maker machine is now her goal, since her energy is low and she is unable to cater to the increasing customers.

She can be contacted at 97888 58491.

Women's Day celebrations by Thursday Ladies Club



The Thursday Ladies Club (Regd) and Thursday Ladies Charitable Trust (Regd), Besant Nagar, hosted a grand International Women's Day celebration on Mar.6 at Youth Hostel, Indira Nagar, Adyar.

Adding a vibrant touch to the celebration, a total of 54 children from Nithyaarpana School, Chatur Lakshana School of Fine Arts, Kritha Dance School, Kalaroopam Dance School, and Agaram presented captivating dance performances.

The Club made monetary donations to Avvai Home, V.H.S Hospital, Asha Niketan, Karunai Trust, Rajalakshmi Charitable Trust, Madras Dyslexia Association, Bala Mandir and Swastha.

Womens' Day special free dental consultation

In celebration of Women's Day, Tooth-Friendly Dental Clinic is offering a special limited-time offer exclusively for women. Till Mar.15, women can avail free dental consultation, full-mouth X-rays, and smile designing (3D scan) at the clinic.

Led by Dr. Jenani Sathishwaran, Oral and Maxillofacial Surgeon & Implantologist, the offer aims to empower women by promoting oral health and confident smiles.

At, 113/2, B Ramachandra Adithanar Road, Gandhi Nagar, Adyar. Call 96770 04999 to book appointments.



▲ The Bharathi Kalai Kazhagam, established in 1951, has been celebrating Women's Day with grandeur for the past five years. This year's event, led by *Kavimamani* writer Vijayalakshmi Masilamani, founder of the magazine *Surya Tendral*, honoured numerous artists. The celebrations featured a poetry symposium, and books were distributed to all attendees.

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At Fashion Spectrum 2025, NIFT Chennai and Dignity Foundation showcased the beauty of age and diversity through an inclusive fashion show, where senior citizens confidently strutted the runway in Carnival-inspired designs, proving that style has no age limit. More on page 12.

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Based on public demand, all document registration offices will remain open on all Saturdays of March 2025, except for the last Saturday of the month, to facilitate document registrations.

Registrations scheduled on designated holidays will be rescheduled accordingly.

For document registrations on holidays, the applicable registration fee will be collected. A total of 100 advance appointment slots will be allocated for offices with one Sub-Registrar, while offices with two Sub-Registrars will have 200 advance appointment slots available for the convenience of the public.



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Events >

Workshops by Taneria

Taneria by Tata is hosting multiple free workshops this week: Saree draping session on Mar.11 at 11 am, Hand Embroidery Workshop on Mar.13 at 11 am and Sketching Workshop on Mar.15 at 2 pm. At Taneira, Shop No 31-15, Ceebros Enclave, Gandhi Nagar 1st Main Road, Adyar. Ph: 98844 40103.

Workshop on Rooftop Solar

Looking for effective energy-saving solutions? Residents now have an opportunity to explore the benefits of rooftop solar photovoltaic (PV) systems at an open-house discussion on Mar.9, at KNRA Hall, Kasturba Nagar 3rd Cross Street (Opposite Nilgiris), Adyar, from 8 am onwards.

The event, organised by ROKA in collaboration with the Citizen Consumer and Civic Action Group (CAG), will provide insights into the feasibility, cost-effectiveness, and advantages of solar rooftop panels for households. Experts in the field will address common concerns, explain the financial and environmental benefits, and guide attendees on installation and government incentives. Scan the QR to register <https://bit.ly/solar-ROKA>.

Don't miss this opportunity to learn how solar energy can make a difference in your home and your electricity bills!

Pet adoption drive

Animal lovers have an exciting opportunity to adopt a furry companion at the upcoming pet adoption drive organised by Animal Says, on Mar.16 at Elliot's Beach at 5 pm. The adoption drive aims to provide loving homes to rescued cats and dogs, offering a chance for pet enthusiasts to make a meaningful difference in the lives of animals in need. Visitors can interact with the animals, learn about responsible pet ownership, and take home a new best friend.

Beach Cleanup Drive at Thiruvanmiyur Beach

Vidhaigal NGO, in partnership with Mahatha Techno Solutions, is organising a Beach Cleanup Drive at Thiruvanmiyur Beach on Mar.16 from 7 am to 10 am. This event aims to bring together volunteers from all walks of life to make our coastline cleaner and healthier.

Interested participants can register by scanning the QR code on the poster or visit www.vidhaigalngo.com.

Summer camp at Art Splash

Your child's favorite, Art Splash's Summer Camp

edition, is planned for Mar.24 to 28 from 2 to 4 pm at Adyar. Art Soiree camp covers texture art, fluid art, bottle art, clay hand building and origami. Workshop costs Rs.1500, including materials. For kids aged 6 and above.

Art Splash is also conducting a musical camp to explore Cajon, Melodica and Western Harmonium in the months of April and May. For more information, call 87544 85092.

Brahmotsavam at Anantha Padmanabhaswamy temple

Sri Anantha Padmanabhaswamy Temple, Gandhi Nagar, Adyar is celebrating the 31st Brahmotsavam from Mar.4 to 15.

Brahmotsavam schedule:

● **Mar.9** at 9 am: Garuda Sevai; Garuda Vahanam - Sri Anantha Padmanabha Swamy Alankaram; 6.30 pm: Sri Hanumantha Vahanam - Pon Pathar Koodam Chathurbuja Ramar Alankaram

● **Mar.10** at 7 am: Sri Oppiliappan Alankaram; 6.30 pm: Gaja Vahanam - Sri Guruvayurappan Alankaram

● **Mar.11** at 8 am: Thiruther; Sridevi, Bhoodevi Samedha Sri Anantha Padmanabha Swamy Alankaram; 6.30 pm: Kalpaviruksha Vahanam - Srinathji Alankaram

● **Mar.12** at 7 am: Sri Krishna Vana Bojanam Alankaram; 6.30 pm: Kudhirai Vahanam - Sri Anantha Padmanabhaswamy - Raja Alankaram

● **Mar.13** at 7 am: Sri Alilai Krishnan Alankaram; 3 pm: Thirukkalyanam; 5.30 pm: Indra Vimanam - Sridevi, Bhoodevi Samedha Sri Anantha Padmanabha Swamy Alankaram

● **Mar.14** at 7 am: Kalasabhishekam; Indra Vimanam - Sridevi, Bhoodevi Samedha Sri Anantha Padmanabha Swamy Alankaram; 10.30 am: Theerthavari; 5.30 pm: Sri Swami Veedhi Ula, Pallakku Vahanam - Vennai Thazhi Kannan Alankaram; 10 pm: Kodiyrakkam

Concert schedule (7 pm):

● **Mar.9:** Vidya Kalyanaraman (vocal), V.V.Srinivasa Rao (violin), Nellai A. Balaji (mridangam),

Trichy Dr. Murali (ghatam);

● **Mar.10:** Sreeranjane Kaushik & Group (Nama Sankeerthanam);

● **Mar.11:** R.P.Shraavan (vocal), Sivateja Malla Joysula (violin), Arjun Ganesh (mridangam), Rajaraman (ghatam);

● **Mar.12:** Kadayannallur Rajagopala Bhagavathar & Group (Nama Sankeerthanam)

● **Mar.13:** Sridevi Nrithyalaya presents Srinivasa Kalyanam (Dance Drama);

● **Mar.14:** 4.30 pm - M Surya (vocal), Thirumarugai Ganesh (violin), Thrissur K.Sudev (mridangam), Sarath Damodharan (Tabla & Rhythm); 7 pm - Sri Gnanananda Nama Sankeerthana Mandali;

● **Mar.15:** 4.30 pm - S Rajaram (flute), Pakkal Ramadoss (violin), Kovai Sabareesh (mridangam), Aditya Kamakshinada (kanjira); 6.30 pm - Nama Sankeerthanam by Sri Ramananda Saraswathi Swamigal (Sri Chakra Raja Rajeswari Peetam, Madurai).

Hamsadhvani's 35th Music, Dance & Drama Festival

Hamsadhvani is hosting the 35th Festival of Music, Dance, and Drama until April 2025. At Youth Hostel, 2nd Avenue, Indira Nagar, Adyar. Membership is open. Ph: 97909 09567. Schedule for this week at 6.15 pm:

● **Mar.9:** Thematic concert 'Hariyum Haranaum' by Dr Gayathri Girish (vocal), Sruthi Sarathy (violin), Poongulam Subramaniam (mridangam);

● **Mar.13:** Vocal by Vivek Mozhikulam with R.Raghul (violin), N.C.Bharadwaj (mridangam), K.R.Sivaramarishnan (kanjeera);

● **Mar.15:** Vocal by Abilash Giriprasad with M.R.Gopinath (violin), K.V.Prasad (mridangam), Trichy Murali (ghatam);

● **Mar.16:** Veena by Dr Jayanthi Kumaresh with Tumkur Ravishankar (mridangam), Trichy Krishnaswami (ghatam);

...more events on page 4 >>>

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News >

Minister inspects work on ECR expansion

The long-awaited expansion of the East Coast Road (ECR) into a six-lane highway is nearing completion, with 95% of land acquisition completed, according to Public Works, Highways, and Minor Ports Minister E.V. Velu. The Minister conducted an on-site inspection of the project on Mar.4 and reviewed the progress of key infrastructure developments.

The expansion, which covers the stretch from Thiruvanniyur to Akkarai, includes land acquisition, road widening, relocation of electric poles, laying underground drainage systems, and installation of drinking water pipelines.

The minister stated that 70% of the work related to shifting transformers and power poles has been completed, with the remaining 30% expected to be finished within three months. The underground drinking water pipeline work has reached 65% completion. Roadwork covering 8.6 km from Kottivakkam to Akkarai is expected to be completed within a month.

Addressing concerns about bottlenecks and

pending roadwork, the minister stated that officials from the Highways Department and the district administration will conduct further inspections and take necessary actions. He also added that discussions are ongoing regarding the construction of a flyover along ECR to further ease congestion. The Chief Minister has directed the Highways Department to study the feasibility of the project.

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Feature >

A road to inclusion: Elliot's Beach opens doors for wheelchair users



By Juliana Sridhar

On Feb.11, the wheelchair-accessible wooden pathway was inaugurated by Deputy Chief Minister Udhayanidhi Stalin at Elliot's Beach.

The idea to set up this pathway was mooted way back in 2016 on World Disability Day, when the then Deputy Commissioner-Works, K.S.Kandaswamy, IAS, visited Vidya Sagar (a disability services and support organisation in Kotturpuram) and held discussions with the students over there. When asked which place they would like to visit, most of them suggested the beach. At that time, there was no provision for people with disabilities to visit the beach as it was not accessible by wheelchairs.

The Disability Rights Alliance Tamilnadu (DRA TN) team also felt that it was the duty of the government to make public places (including beaches) accessible for people with disabilities. Thus, they met the

GCC Commissioner, who set up a group of officials for this purpose. They also met Raj Cherubal, CEO of Chennai Smart City, and local community members, including environmentalists, vendors, fishermen groups, residents and beach users in this regard.

Their efforts bore fruit, and the first pathway was set up at Marina Beach in 2022, following which it was agreed to make Elliot's Beach wheelchair accessible.

There were some initial hiccups regarding the exact location of the pathway. While the officials suggested it be put up at the Ashtalakshmi Temple beach, DRA TN preferred to have the ramp at the most happening location on the beach. It was finally decided to put it up on the main road.

Accordingly, the plan was put into action, and a wooden open pathway with railings was constructed with a beach viewing deck in full compliance with CRZ rules. This has become a big hit among beachgoers. There are a few wooden benches on both sides of the pathway where

people can sit.

The DRA TN team wanted this pathway to be an inclusive path so that apart from people with disabilities, even elderly people, children and pregnant women can use it. There are beach wheelchairs that people with disabilities can make use of, and they are kept in a storage container on the road, outside the path. The wheelchairs are fitted with special floating wheels that can even go on water.

Special parking slots have been reserved (5 nos) for the vehicles of people with disabilities. DRA TN is now working on toilets to be put up in an area closest to the pathway. Work will begin on this shortly.

The next project will be to make Thiruvanniyur Beach wheelchair accessible, and a tender for the same is said to have been issued.



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Events >

TN-RISE Offers Entrepreneurial Internship in Chennai

The TN-RISE Women Startup Council is launching an internship program for students seeking hands-on experience in entrepreneurship. Open to undergraduate, postgraduate, and diploma students with a minimum of 70% marks, the program provides exposure to real-world business challenges.

Interns will engage in areas like enterprise development, financial inclusion, and market linkage, contributing to the growth of women's entrepreneurship in Tamil Nadu. The internship, spanning six weeks to six months, will be based in Chennai. Scan the QR code to apply.

SCAN the
QR CODE
to APPLY



Fire awareness session by Mangeyarkarasi Manram

Mangayakarasi Maghliir Manram will be hosting the TN Fire Services on Mar.10 at 4 pm for a demonstration and awareness talk on fire safety measures. All are welcome to attend and enhance their awareness on this crucial subject of the prevention of fire accidents. The Manram is located at No.3, 11th Cross Street, Sastri Nagar, Adyar.

Free Spoken Samskritam classes

Samskrita Bharati, Adayar, will conduct free Spoken Samskritam classes at Thiruvanniyur and Adyar for the benefit of people living in and around these areas. Prior knowledge of Samskritam is not required.

- Mar.10 -19 at Radhakrishnan Nagar, Thiruvanniyur. Ph: 96770 52322, 96771 50294.
- Mar.10- 19 at Santhi Colony, Adyar. Ph: 76673 05678, 97919 02586.

HPV vaccination campaign by VHS

VHS Multi-Speciality Hospital, Taramani, a leading non-profit healthcare institution, is launching a free HPV vaccination campaign, a crucial public health initiative aimed at protecting young girls and women from cervical cancer. Girls and young women aged 9 to 26 years are eligible for the free vaccine.

This campaign is designed to increase awareness and provide free access to the HPV vaccine, which plays a vital role in preventing infections that lead to cervical and other HPV-related cancers. The campaign is a limited-time program running from Mar.4 - July 4, or until vaccine supplies last.

VHS Multispecialty Hospital urges parents, guardians, and young women to participate in this life-saving initiative. "By spreading awareness and ensuring vaccination, we can work together to eliminate cervical cancer for future generations," said a statement from the hospital.

Walk-in vaccinations are available from Monday to Saturday, 9 am to 5 pm. For more information or to schedule a vaccination, contact 95000 31434.

Lifestyle >

Exciting evening cruise launched at Muttukadu Boat House

The Tamil Nadu Tourism Development Corporation (TTDC) has introduced a delightful Evening Cruise experience at Muttukadu Boat House on ECR, scheduled every Saturday from 5 pm to 6 pm.

This one-hour cruise offers a blend of live entertainment, DJ session, and high-tea & snacks, providing a perfect weekend getaway for residents and tourists alike. Guests can also avail of a private cake-cutting space on the upper deck at an additional charge.

Ticket is priced at Rs.990 per head. Bookings open. Contact 96332 05016, 90373 79500 to reserve slots.



Prakruthi hosts exclusive Women's Day exhibition

In celebration of Women's Day, Prakruthi by Vummidi Bangaru Store is hosting a special Women's Day Exhibition till Mar.9, offering exclusive deals on their exquisite Eternal Glow collection.

Shoppers can enjoy a 5% discount on the carat price of diamonds and Rs.110 off per gram on gold jewellery, making this the perfect time to invest in timeless, elegant pieces.

The exhibition will take place at the Prakruthi store from 10.30 am

to 8 pm, where customers can explore a stunning selection of finely crafted jewellery designed to enhance beauty and sophistication. Don't miss this chance to celebrate Women's Day with dazzling discounts on exquisite jewellery!



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Exciting inaugural offers at Sri Murugan's shop

Sri Murugan's Kitchen & Pooja Essentials has officially opened its doors, bringing a wide range of kitchenware and pooja essentials to customers at unbeatable prices. As part of its grand launch, the store is offering an exclusive 10-50% discount on various products.

Shoppers can explore the latest collection of gas stoves, mixer grinders, non-stick cookware, aluminum and cast iron utensils, stainless steel items, brassware, and more from reputed brands like Prestige, Premier, Ultra, Visalam, Preethi, and Stahl.

Adding more value to customers, exchange offers are available on select products, making it a great opportunity to upgrade kitchen essentials at discounted rates.

The store is located at No.1/618, East Coast Road, Kottivakkam (below IOB). Ph: 98411 44050, 91768 43160.



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contd. on Page 7

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CLASSIFIEDS
contd. from Page 8

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■ ADYAR Gandhi Nagar 1st Main Road commercial duplex flat hall type ground + 1 floor 2590 sft. 2 car park, 2 lift is there, price 3.50 crores. Agent: 9566544547.

■ ADYAR Gandhi Nagar 2bedroom north facing built-up 1010sft.UDS 640 sft. ground floor, price 1.50 crores negotiable. Contact agent: 7358578478.

■ ADYAR Gandhi Nagar Second Main Road first floor 2 bedroom, 3 balcony, 860 sft. UDS 490, reserve carparking, 22 years old, 1 crore 25 lakhs negotiable. Agent no: 8754515684.

■ ADYAR individual house for sale 7 years old, Parameshwari Nagar middle class areas 600 sft. west facing, ground floor 1 bedroom hall kitchen, first floor and 2nd floor duplex model 3 bedroom hall kitchen, (Theru Kutthu House) 20 Feet Road, rental income 30K, clear documents, rate 1.30 crores negotiable. Contact: 9941517297 - Consultant.

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CONTACT **95510 64590**

■ ADYAR Kasturba Nagar 2700 sft. land frontage 40, length 67, north facing, 30 Feet Road, rate 4.81 crores negotiable, good location. Poovaraghan-9841324142.

■ ADYAR New flat 4 bedroom 2500 sft. 2 covered carpark, 5.40 crores, including registration. 3 bedroom 1900 sft. 2 carpark, 2nd floor, 3.85 crores all inclusive. Sastri Nagar 2 bedroom + study 1000 sft. covered carpark, lift, 1.60 crore. 9840789797, 9884998686.

FOR SALE
PERUMBAKKAM
1540 sft, UDS 1040 sft,
2nd floor, lift, 1ccp, 95 L.
RAM NAGAR SOUTH
942 sft, UDS 430 sft, 2nd floor,
lift, 1ccp, east facing. 57 L.
PERUNGUDI, ELIM NAGAR.
910 sft, UDS 523 sft,
North facing, 55 L. negotiable
A M Realty
9884289243, 9380589243

■ ADYAR new flat under construction 2000 sft. floor plan alterable. One flat per floor. 5 floors. Reputed builder. Also 6 new projects possession in few months. NPR Associates - 9840354474.

■ ADYAR Padmanabanagar flat 3 bedrooms 3rd floor, east facing. covered carpark lift. 1534 sft. UDS 600 sft. brand new apartment 2.35 crores negotiable. Adyar L.B Road 1st floor 3 bedrooms. North facing, lift, carpark 1400 sft. UDS 413 sft. brand new 2 crores negotiable. Dream homes 9791195011.

■ ADYAR Padmanabha Nagar 1 ground with house, 6 crores. Besant Nagar 1 ground, 6.50 crores. Kasturba Nagar new 2000 sft. 3 bedroom, 2 covered carpark. 8072606681, 9884577898.

■ ADYAR Sardar Patel Road 1350 sft. 2 bedroom hall kitchen 2 bath woodwork 2 way lift power backup east facing gym swimming pool play area carpark price 1.75 crores (negotiable). 9962433183.

■ ADYAR Sastri Nagar 1350 sft. 2 bedroom, UDS 661 sft. 2nd floor, lift, 2 covered carpark, power backup gym 2 crores negotiable. 7904594370.

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■ ALWARPET 1503 sft. UDS 639, 3 bedroom, 1st floor, lift, east facing, covered carparking, 24 years old, 2.10 crores, only buyers. Agent: 9789761666.

■ BESANT NAGAR 1 ¾ ground per ground 6 cores. Padmanabha Nagar 1 ground 5.85 crores, 1 ½ ground 9 crores. Kottivakkam 2 ground 80x60, 6 crores. 9840789797, 9884998686.

■ BESANT NAGAR flat for sale HIGH flat 919 sft. UDS 919 sft. first floor reserved carpark, east facing. Recently renovated flat. 1.50 crore. Consultant: Barani.S - 9500140267.

■ BESANT NAGAR Kalakshetra Colony 1315 sft. 3 bedroom, 3rd floor, south facing, 7 years old, 1 carpark, power backup, lift, complete wood work, UDS-767 sft. price 2.20 crore negotiable. Agent: 9566171775, 9941045231.

■ BESANT NAGAR Kalakshetra Colony Beach Road, 3 bedroom hall kitchen 1360 sft. UDS 653 sft. 18 years old, east facing. Contact: 9092019609.

■ BESANT NAGAR Kalakshetra Colony land area 1100 sft. built-up 1800 sft. 1 covered carpark price 2.40 crores. Contact agent: 9952908678.

■ BESANT NAGAR land for sale 5555 sft. R.A.Puram 2574 sft. ECR Panaiyur 4800 sft. Mylapore 1350 sft. Adyar 1020 sft. Tamilvanan: Yaamini Estate - 9840949097.

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9600000613 / 99400009637

■ BESANT NAGAR M-type flat sales in 1st floor 3 bedroom hall kitchen, 1500 sft. UDS 1100 sft. Price - 2.2 crores (negotiable). Sahan Homes: 9500007697.

■ BESANT NAGAR near Aavin, one ground, East facing, 34 feet frontage on 50 feet Road, 6.5 crores. Adyar Padmanabha Nagar, 1 ground, 6.5 crores. Kasturba Nagar near GKB Optical, 1 ¼ ground, 6.25 crores. Venus Colony 1.5 ground, R.A.Puram 2.85 ground. Ganesaa Realty: 9551264500.

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Kamaraj Nagar, 9th West Street
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Plinth area
Ground Floor - 880 sq.ft
First floor - 880 sq.ft
Second Floor - 880 sq.ft
Rental Income : 50,000/PM
Value : 1.75 Crore
Contact: 99520 12257
(Brokers excuse)

■ BESANT NAGAR near Elliotts Beach, 3 bedroom hall kitchen apartment, 1935 sft. 1st floor, lift, UDS- 870 sft. 2 covered carparks, central AC, well appointed interiors, eastfacing, 2 years unused, Rs.4 crores. Esssar Realtor- 9003154298.

CLASSIFIEDS
contd. on Page 10

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COSMIC PROPERTIES

Community >

Hare Krishna Movement celebrates 14th annual Ratha Yatra

The Hare Krishna Movement, Thiruvanniyur, celebrated its 14th Annual Ratha Yatra, on Feb.22, with great devotion and enthusiasm. The deities of Sri Krishna Rukmini Satyabhama, Sri Gaura Nitai, and Srila Prabhupada were carried on a beautifully decorated chariot, pulled by hundreds of devotees through the streets of Besant Nagar, Adyar, and Thiruvanniyur.

The event was inaugurated by chief guest K.P. Magendran IPS, Former DGP, who praised the institute's various outreach programmes. Dhamal Ramakrishnan Swami, a well-known scholar, recounted the inspiring journey of Srila Prabhupada, who at 69 travelled to America alone and established the global Hare Krishna movement.

The event was presided over by the Chairman of ISKCON Bangalore - Madhu Pandit Prabhu, who highlighted Srila Prabhupada's role in reviving Sanatana Dharma worldwide. The festival featured traditional Tamil Nadu dance performances, including Bharatanatyam, Kathakali, Silambam, Kolattam,



Karagam, and Poikkal Kuthirai, with over 400 artistes participating. Devotees sang soul-stirring bhajans, and prasadam was distributed to hundreds of attendees.

VHS Hospital launches 'Aarogyam 100' for senior citizens



VHS Multi-Speciality Hospital, Taramani, has launched 'Aarogyam 100', offering 100 days of free speciality consultations for senior citizens.

The initiative was inaugurated by Padma Dr. V.S. Natarajan, India's Father of Geriatrics, and Dr. D.S. Ramaiah, a 98-year-old VHS Senior Citizen Centre resident. Dr. Natarajan praised VHS for its affordable, high-quality healthcare, while Prof. Suresh Seshadri, Hon. Secretary & CEO, highlighted VHS's 65-year legacy in accessible medical care.

Dr. Usha Sriram, Head of Diabetes & Endocrinology, emphasised the importance of regular check-ups for seniors to manage conditions like diabetes, osteoporosis, and heart disease. The Aarogyam 100 program offers free consultations in General Medicine, Surgery, Geriatrics, Urology, Neurology, Ophthalmology, Dental Care, and Endocrinology.

The Aarogyam Card was also launched, providing:

- Free registration & ambulance pickup (within 5 km)

- Priority appointments & admissions
- Discounts on lab tests, cataract surgeries & pharmacy

In a generous gesture, Dr. Ramaiah donated Rs.5 lakh towards enhancing VHS's senior care facilities. For registration, send details via WhatsApp to 91500 17981 or 93840 03115.

Health on Wheels by RCCT and CLF

The Mobile Medical Van, a joint initiative by the Rotary Club of Chennai Towers (RCCT) and the Chennai Liver Foundation (CLF), has been a lifeline for underserved rural communities.

It conducts health camps focusing on diabetes, hypertension, viral hepatitis, and metabolic screenings.

Currently, the van provides testing for non-communicable diseases, liver disease screening, dental hygiene checks, and general consultations.

Patients are linked to appropriate care when needed. Plans are underway to introduce a mobile



ultrasonogram to assess fatty liver disease, a growing health concern.

By offering preventive healthcare, this initiative helps reduce the burden on

hospitals and aligns with Tamil Nadu's public health goals.

"RCCT has been supporting health and education initiatives for the un-

derprivileged since 1998," says Club President Rtn Shalin Shah. Interested organisations can contact 73587 64200 for more information.

Awareness camp on climate change



Exnora International Foundation, an NGO working on environmental issues since 1989, organised an awareness program on climate change in collaboration with the Tamil Nadu Department of Climate Change at Hiranandani Upscale School, Egattur, Navalur.

Dr. Munawardeen of Exnora spoke on pressing environmental challenges and the organization's efforts to tackle them. The coordinator of Exnora's Waterbody Restoration Project, Karpagam, urged students not to pollute lakes and ponds, stressing that these are natural recharge stations for groundwater. She encouraged students to participate in cleanup activities and educate local communities about protecting water bodies. Dr. Muthukumar, Program Officer of the Tamil Nadu Department of Environment, advised students to reduce carbon emissions by cycling or carpooling. He also elaborated on global warming and carbon footprints. The team can be contacted at 90946 86187.

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Venue 1: Chetpet
Venue 2: Besant Nagar

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For more information and registrations please call 98400 38860

News >

A unique fashion show

As part of Fashion Spectrum 2025, NIFT Chennai proudly presented a one-of-a-kind Inclusive Fashion Show, commemorating the 30-year milestone of both NIFT Chennai and Dignity Foundation.

This unique collaboration was a celebration of diversity, inclusion, and the timeless spirit of fashion, brought to life by an extraordinary group of models aged 60 to 80.

The event saw spirited senior citizens, who proudly call themselves "Juniors at Heart", confidently walk the NIFT runway, proving that fashion has no age limit. Their vibrant ensembles inspired by Carnival themes from around the world were a testament to the power of fashion as a tool for self-expression and cultural celebration.

The show was expertly coordinated by Dr. Geetha Ranjini, Sridhar Amanchy, and Pratheepa Raj, supported by an enthusiastic team of NIFT Chennai students who styled, accessorized, and groomed the senior citizen models for their big moment on the runway.

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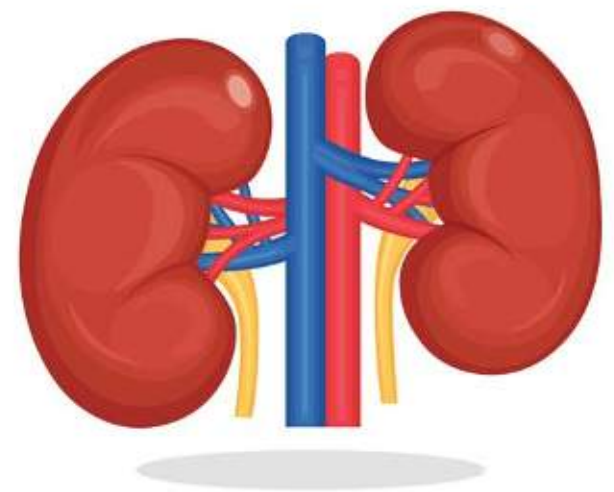
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Time : 10:00 AM TO 01:00 PM

Place : S-1, Shastri Nagar, 2nd Avenue, MG Road, Adyar, Chennai - 600 020.



Scan for Location

For Appointments : 82200 43744